

2018

East Valley
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TABLE OF CONTENTS

I Get to do the Holidays	3 1
Slogans	2
Crossword puzzle	2
Attitude of Gratitude	3
Announcements	4
Anniversaries	5
At Wit's End	5
Got Service?	6
Managers Report	7
Group Contributions	8
Treasurer's Report	9
EVI Minutes	10 & 11
Choose Gratitude	12
Daily Grapevine Quote	12



NO BOOZE NEWS

I GET TO DO THE HOLIDAYS!!

When I was a young girl growing up in my family, the holiday season was avidly celebrated with all members of our family coming together from far and wide. It was a festive time of year full of love, joy lots of wonderful gifts, festive decorations, food and anticipation of wonderful things to come in the New Year. As a child, I absolutely loved the holiday season at our house!

I was in my mid-teens when my alcoholism got me basically kicked out of my home. For the next 13 years, my alcoholism progressed and my drinking grew worse. When I think back on the last four or five holiday seasons before I got sober, they were excruciating mental and emotional torture. My family no longer invited me to the celebrations, and if they had, I would not have been eager to attend. I had nobody else to celebrate with. I was filled with anger, self pity and intense, shame, guilt for the behaviors caused by my drinking, and I blamed my family for much of the pain and problems in my life. I blamed others for the rest.. Never myself!

So, I pretty much ignored the holidays, trying not to think of the fun I was missing out on. Instead I would find myself in some, greasy spoon, bar or flop house with people I either didn't know or didn't like or both, staying with them anyway just so I didn't have to be alone, and because I had nowhere else to go. I would drink very hard for many days to drown my sorrows. I grew to absolutely dread the holidays. I could not stand it when some happy, smiling, cheerful person wished me Merry Christmas and Happy New Year. Bah Humbug! There was nothing Merry or Happy about it as far as I was concerned.

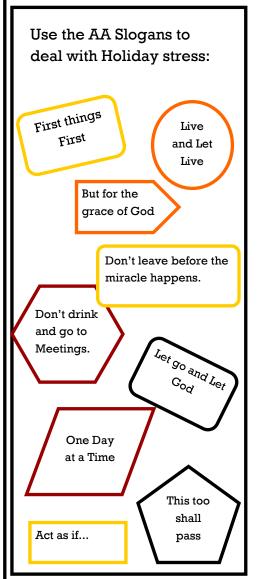
After | got sober, | still did not look forward to having to go through the holidays. True, my family had eventually begun inviting me to family celebrations again, and that was good. But | still dreaded the holidays. | wasn't able to let go of the old pain and self pity. | was stuck in the "| Hate Holidays" mind set. Then one day | overheard my sponsor talking to someone else who was also having trouble getting into the holiday spirit. | heard my sponsor say that she realized she no longer HAS to do the holidays. Now she GETS to do the holidays. That simple statement made all the difference to me. | t was like a light bulb went on! | realized all | needed was an attitude adjustment. | can choose how | want to feel and act. | can choose to hate the holidays, be grumpy and feel sorry for myself, or | can choose to get involved and celebrate and have fun! | decided from that moment on | would choose to enjoy and celebrate the holidays! | have had wonderful holiday seasons ever since!

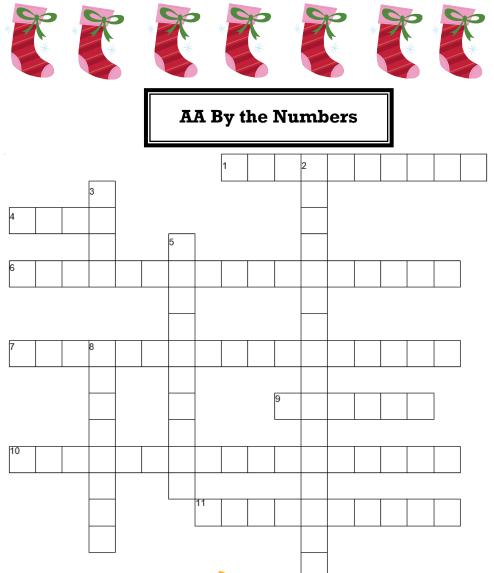
Regan G

Mesa, A7









ACROSS

- 1 How many more personal stories were added to the current edition of the Big Book?
- **4** How many years of sobriety did Ebby T. have when he died?
- **6** When was the first issue of the Grapevine published?
- 7 The year Bill W. died.
- **9** In early sobriety, it is highly suggested to attend this number of meetings in the same amount of days?
- **10** What year did the first edition of the Big Book come out?
- **11** How many years of sobriety did Bill W. have when he died?



DOWN

- **2** What year was the Twelve Steps and Twelve Traditions published?
- **3** How many children did Bill and Lois Wilson have?
- **5** Dr. Bob Smith lived t0 be.....years old?
- **8** How many times is "will" written in AA's Promises?

Our Big Book

Nov. Newsletter

<u>Across</u>

- 5. howitworks
- 7. thedoctorsopinion
- 8. avisionforyou
- 9. weagnostics
- 10. thereisasolution
- 11. forwardtothe firstedition

<u>Down</u>

- 1. intoaction
- 2. billsstory
- 3. towives
- 4. moreaboutalcohol
- 6. workingwithothers

EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

Retu	rn to: 1320 E. Broadway R	
i '		nesaaz.org www.aamesaaz.org
Date *Fi	rst Name	Last
l Address		*Phone
*City	*\$T	*Zip *Gender
*Sobriety Date	Home Group	
e-mail address		Alt Phone
	* = required for listing	ng in 12 th Step List
[] <i>Na</i>	Booze News Subscription / Renewal	(\$12.00 annual subscription fee enclosed)
<u>Volunteer</u>	Service Options	Committees of Interest
Check only those you are willing to commit time to		Check only those you are willing to serve on
12 th Step List Volunteer	Phones Night & Weekend	[] Public Information / Cooperation with the
[] Weeknights	[] Weekends	Professional Community
[] Weekends	[] Weeknights	[] Special Events
[] Weekdays		[] Literature
		[] Newsletter (No Booze News)
[] Office Phone	ffice Phone Volunteer [] Unity Committee	
[] Other Office	Help	[] Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

RIVER ROUNDUP

JANUARY 10 ~ 13 2019 RIVERSIDE RESORT LAUGHLIN NV

YUMA ROUNDUP

FEBRUARY 22 ~ 24 2019 1440 W DESERT HILLS DR. YUMA AZ



FELLOWSHIP OF THE SPIRIT

JANUARY 25 ~ 27 2019 POCO DIABLO RESORT SEDONA AZ



55th International Women's Conference

February 7th ~ 10th, 2019 404 S Figueroa St. Los Angeles CA (The Westin Bonaventure)

Sub-District 08-819 Presents:

Eat & Greet Speaker Meeting

4:00pm Dec. 1, 2018 805 N Country Club Dr. Mesa AZ Social hour, Spaghetti dinner Followed by a speaker.

SRI Christmas Alcathon

12pm, December 24th to 12pm, December 25th 1915 W Thunderbird Rd. Phoenix AZ (American Royal Palace Banquet Hall)

Agua Fria Christmas Alcathon

12pm, December 24th to 12pm, December 25th 9824 W Camelback Rd. Glendale AZ

Agua Fria New Years Eve

Saturday, December 31st 2017

Speaker Meeting and Masquerade Ball

9502 W Hutton Dr.

Sun City, AZ



Monthly Campfire Meeting

Last Saturday of the Month @7:30pm 2757 E Guadalupe Rd.

Gilbert AZ

Riparian Preserve and Water Park (take Cattail Crawl Trail to Honey Bee Point)



Sub-District 08-818 presents:

Drunks Like Us

7pm. Saturday Jan. 19, 2019 393 W Warner Rd. Chandler AZ Social hour followed by a speaker.

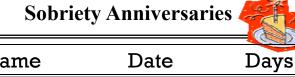
2019 Pre-Conference Assembly

April 5 ~ 7, 2019

1500 AZ-69

Prescott AZ

(Prescott Resort and Conference Center)



Name	Date	Days
	12/31/1975	15706
Steve C	12/23/1981	13514
Mike S	12/17/1984	12418
	12/18/1984	12418
Lee N		11688
	12/21/1986	11688
	12/27/1988	10957
Augie L	12/13/1989	10592
Tom P	12/18/1989	10592
Joe D	12/28/1989	10592
Joe C	12/1/1990	10227
Carrie H		10227
Lois L	12/3/1991	9862
Robin F	12/13/1993	9131
	12/10/1995	8411
	12/12/1996	8035
Phylis S	12/6/1997	7670
Bridgitte L	12/25/1997	7670
Paul P	12/19/2000	6574
Jacob H	12/9/2001	6209
	12/13/2001	6209
Terry B	12/20/2002	5844
Jared H	12/13/2004	5113
Robert J	12/20/2004	5113
Sharon A	12/4/2008	3652
	12/26/2008	3652
Sheila H		3287
Jim T	12/27/2009	3287
-	12/29/2009	3287
Andrea M		2557
Jeff R		2557
•	12/26/2011	2557
	12/19/2012	2191
Jeremiah N		1826
	12/12/2013	1826
	12/18/2013	1826
	12/25/2013	1826
	12/20/2014	1461
Victor V	12/1/2015	1096

Consider, if you will, the plight of the fellow who tottered into AA the day after Christmas. "What turned the trick?" asked a sympathetic old-timer. "What made you come to AA?"

"Well," said the shaking sot, "yesterday my mother-in-law came to dinner."

"Yes?" prompted the old-timer.

"Well, when I opened the door for her, I saw two of her!"

From the December 1971 magazine

Step Twelve – Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Tradition Twelve - And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Concept Twelve - General Warranties of the conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. tradition, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion vote and whenever possible, by substantial unanimity; that no Conference action ever per personally punitive or an incitement to public controversy; that though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in though and action.

Missteps of the Season

At Wit's End

- 1.We admitted we were powerless over the holidays--that our bank balances had become unmanageable.
- 2. Came to believe that paying attention to advertising would drive us insane.
- 3. Made a decision to turn our will and our credit cards over to the care of shopping malls as we understood them from watching TV.
- 4. Made a searching and fearless shopping list for our family and friends.
- 5. Admitted to the bank and to ourselves the exact nature of our credit-rating.
- 6. Were entirely ready to remove extravagant gifts from our shopping lists.
- 7. Humbly asked for a diet that would remove ten pounds by the New Year.
- 8. Made a list of all persons we had bought the wrong sizes and colors for and became willing to make exchanges for them all.
- 9. Made direct returns to stores whenever possible, except when they had gone out of business.
- 10. Continued to take personal grocery lists to the store and when we could use a coupon promptly cut it out.
- 11. Sought through procrastination and couch-potatoing to improve our conscious contact with the home team, praying only for the health of the players and their power to carry the ball.
- 12. Having had a rude awakening as the result of opening our credit card statements, we tried to eliminate shopping from our daily disciplines and to fill our time with more AA meetings.
- -- Pam H. Northfield, Illinois

From the December 1988 magazine

GOT SERVICE?? INTERGROUP SERVICE OPPORTUNITIES

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop



Third Friday's at 6:15 pm

Before the monthly business meeting at 1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group!



For more information Call Beth H

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

January 8th ~ TBA

Alcoholics Anonymous

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting
1st Friday of the month
Antioch Community Church
1125 N Dobson Rd Chandler
contact: Deana E.

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday
Antioch Community Church
1125 N. Dobson Rd Chandler
Contact the office

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office Call Roxanne for specific

times and days.

*** Fill In shifts available now***

EVI Monthly Speaker Meeting

1st Friday of Every Month

Meeting Now At 7:30pm

Antioch Community Church

1125 North Dobson Road, Chandler

December 7th ~ Easy Does It

January 4th ~ Price Is Right

These are subject to change - so keep watching.

Central Office Manager's Report November 16, 2018

Welcome home to our winter members. Activity at the office is picking up as we head into our busier season. We received 562 requests for information and assistance last month. Of those 135 calls were for meeting info, 153 were office visitors and 10 resulted in a 12 step call. Our website stays busy too. It had 50,465 visits in the last 30 days. Our Google listing also receives steady traffic 6,944 people found us on Google. Of those 189 went to our website, 46 got directions to the office and 17 gave us a call.

Literature orders have been received from both AAWS and Grapevine. We now have a complete selection of all AA produced literature, including the new Grapevine books, for your holiday needs. The new Grapevine books make for great gift giving.

AAWS has licensed the Meeting Guide mobile app technology. They have also launched a You Tube channel that airs A.A. public service spots. Check it out at - Youtube.com/c/alcoholicsanonymousworldservicesinc

Seminar Report Part II, Grapevine Presentations. Jon W. Senior Editor. Grapevine receives 150 stories a month. All are read and usable stories are filed by topic for future publication. The Grapevine website has a story archive going back to 1944, a Quote of the Day app and audio stories. GV is self-supporting thru book and subscription sales and operates within the confines of our Traditions.

We are in the process of making the Holiday Event Schedule again this year for the phone volunteers and anyone interested in sober festivities. If your group is planning an Alcathon or any other special schedule changes for the holidays, please let me know so we can share that information with the Fellowship.

Tis the season for 12 step calls. Service opportunities are available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service

Kim W. Central Office Manager East Valley Intergroup

FVI CENTRAL OFFICE ACTIVITY

LVI CLIVIKAL OII	ICL AC	
***************************************	Oct	2018
Meeting Information Calls	135	1455
General Information	123	1099
Referred to Salt River Intergro	up 7	77
Referred to Al-Anon	18	137
Referred to Community Info	1	10
12th Step Calls	10	116
Business Calls		
Office Visitors	158	1548
Meeting lists printed	800	7600
Info request via E-mail	44	495
Desk Volunteers-Reg/Sub/Nor	ne	29/8/2
Desk Volunteers-Reg HRS YTD)	1536hrs

Web Stats

Website Visits last 30 days 50,465 YTD 478,803

Google Searches last 30 days 6,944

Meeting List Updates...

New Meetings:

QC Nooners 19729 E San Tan Blvd. QC New Meeting SA 12:00p O Sobriety and Beyond 931 E Southern Ave. Mesa TH 3:00p O 417 Group 6289 S Greenfield Rd. Gilbert (Light of Christ) TH 7:00p O

Changes:

Attitude Adjustment Moved To: 623 E Florence Blvd. Casa Grande All mtgs Out of the Dark 19609 S McQueen Rd. Chandler Now Meeting At: TH 7:30p Women in Gratitude **Moving to:** 6101 E Virginia St. Mesa TU 7:00p W,O

Deletions:

East Valley Intergroup 1320 E. Broadway Rd. # 105 Mesa, AZ 85204

General Service Office PO Box 459, Grand Central Station New York, NY 10163

*** NEW *** Area 03 Treasurer PO Box 18765 Tucson, AZ 85371

*** NEW ***

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 20404 Mesa, AZ 85277

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities 10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

District 08-818 PO Box 12044 Tempe, AZ 85284

GROUP CONTRIBUTIONS



GROUP	<u>Oct</u>	<u>YTD</u>
11th Step Candlelight	\$100.00	\$200.00
2121 Beginner Workshop		
24 Hours A Day		
A Vision For You Group		
ABC Group		
AHA! It's Monday		
Ahwatukee Group		
Ahwatukee NoonersAhwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group		
As Bill Sees It		
Atitude Adjustment Ahwatukee		
Attitude Adjustment CG		
Attitude of Gratitude	\$75.00	\$225.00
Basic II		\$50.00
Bloopers		
Bootstrap Men's		
Breakfast Club		
Busted Ego		
By The Book		
Chandler Men's Stag Group		
Chandler Noon Group		
Chandler Women's Big Book Grou		
Cold Coffee Group		
Common Solution Common Thread		
Copper Basin Group		
Courage To Change		
Daily Reflections Group		
Day At A Timers		
East Valley Men's Stag		
Easy Does It Group		
Eye Opener Group		\$1,555.47
Family Recovery Group	\$100.00	\$100.00
Feelings & Solutions		
Firehouse Meeting		
Florence Group		
Friday Night Big Book Study		
Friends Of Bill W		
Get It Together		
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group	#300 00	******
Good Ol' Back to Basics		
Grateful Dames		
Grateful Girlfriends		
Gratitude Group		
Great Start		
Gut Level		
Happy Hour @ Sunbird		\$420.69
Heard It Thru The Grapevine		\$0.00
Into Action		\$150.00
Inwardly Reorganized	\$150.00	\$150.00
Keepin It Real Ladies		
Life In The Big Book		
Maricopa 12 X 12		
Maricopa Group		
Mid-Morning Group		
Monday Night Madness		
Morning After Group Name In The Hat		
Name in The Hat New Beginnings		
New Hope Group		
New Spirit Group		
No Name AA Group		
Not A Glum Lot		
Page A Day		
Pioneer Group	\$9.80	\$250.20
Ī		

ana.	6.4	
GROUP	<u>Oct</u>	YTD
Price Is Right		
Primary Purpose Group		
Prime Time		-
Progress Rather Than Perfektion		
Putting God First		\$950.00
Queen Creek Nooners	\$451.00	\$451.00
Re-Awakening Group		\$15.00
Remember When		\$0.00
Renewed Spirit	\$350.00	\$650.00
Rising Spirit	\$134.55	\$1,026.10
Road To Recovery		\$942.54
Rock Solid		
San Tan Men's		•
Second Chance Group		-
Seniors In Sobriety-Tempe		
Serenity At Six		
Shade Tree		-
Sisterhood Of Solutions		•
Sobriety is Gold		
Sobriety Rocks		\$213.38
Society Group		\$500.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$0.00
Southeast Valley Stag		\$250.00
Spirited Women		
Step By Step Group		
Stepping Stones		
Sunday Morning Women		
Sunday Night BB Step Study		
Sun Lakes Women		
Sunland Serenity Seekers		\$183.00
Sunset Group		\$340.00
Tempe Group		\$100.00
Tempe Nooners	\$25.00	\$150.00
Tempe Sunrisers		\$0.00
Tempe Young People		
The Library		
The Real Thing		
The Way Out Group		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		
Upon Awakening		\$2,100.00
We Ain't Dead Yet		\$182.50
We Agnostics		
We Can Group		\$129.00
Wednesday Night Step		
Wednesday Night Winners		\$0.00
Welcome Home		
West Chandler Men's		
Who's Driving Your Bus?	·	-
5		
Wolf Pack Group		
Women in Gratitude		-
Women in Solution		-
Women in Touch		
Wonder Women	\$120.00	\$120.00
*Anonymous Groups		\$648.15
OTHER GROUPS/COMMITTEE	<u> </u>	
Apache Lake Campout		\$102.02
VALYPAA		
AZ AA Womens Conference		
Dist 08-818		
Meal and a Message		•
•		
Group Totals		
EVI Committees		
Individual Contributions	.\$193.00	\$2,724.67
GRAND TOTALS	66,190.57 \$	49,304.08
(*Group contribution with no group name lis		•
(*Group contribution with no group name list		
· · · · · · · · · · · · · · · · · · ·		



BALANCE SHEET October 31, 2018

PROFIT & LOSS STATEMENT October 2018

Assets	
Current Assets	
Checking	1973.73
Prudent Reserve (Savings)	23,890.72
Accounts Receivable	649.64
Inventory Asset	21,264.63
Undeposited Funds	0.00
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$52,196.49
Liabilities & Equity	
• •	
Liabilities	547.50
• •	547.50 109.11
Liabilities Accounts Payable	
Liabilities Accounts Payable Visa Credit Card	109.11
Liabilities Accounts Payable Visa Credit Card Payroll taxes Total Liabilities	109.11 94.88
Liabilities Accounts Payable Visa Credit Card Payroll taxes Total Liabilities Equity	109.11 94.88
Liabilities Accounts Payable Visa Credit Card Payroll taxes Total Liabilities Equity Opening Balance Equity	109.11 94.88 \$751.49 43,778.94
Liabilities Accounts Payable Visa Credit Card Payroll taxes Total Liabilities Equity	109.11 94.88 \$751.49

Total Equity

Total Liability & Equity

33 Group contributions totaling 4 Individual contributions totaling Intergroup Business Meeting &	\$5,860.08 \$193.00
Service Committee's 7th Tradition	\$137.49
Total Contributions	\$6,190.57
Total Income	\$11,310.08
Less total Cost Of Sales	\$3,907.41
Gross Profit	\$7,402.67
Less total Expenses of	\$6,564.55
Net September Gain	\$838.12
<u>YTD 2018 Gain</u>	\$2,690.68

The current Prudent Reserve balance is \$23,890.72 The Prudent Reserve has been established for 2018 in the amount of \$25,895.52

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Lois L. EVI Treasurer

Traditions Checklist

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

- 1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
- 2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
- 3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
- 4. Do I ever try to get a certain AA group to conform to my standards, not its own?

\$51,445.00

\$52,196.49

- 5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
- 6. Does my personal behavior reflect the Sixth Tradition—or belie it?
- 7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
- 8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made me so smart?
- 9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
- 10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
- 11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
- 12. What is the real importance of me among more than a million AAs?

EVI Business Meeting November 16, 2018

Meeting Opened by with Moment of Silence followed by Serenity Prayer

12 Traditions ready by - Mike

INTRODUCTIONS: Your attendance and participation are appreciated, and visitors are always welcome!

Intergroup Representatives:

New Reps: Tony Putting God First, Mike Progress not Perfection, Julie GIT

Dave M 417, Michale Gonzales Ahwahtukee Mens, Thom Spring Arbor Group, Vic Valli Bloopers, Segrid Chandler Women's BB, Tom O Common Thread, Scott F EV Men's Stag, Denis W. Friends of Bill W., Wendy W. Gilbert Gals, Debbie G. GIT, Mallory S Grateful Dames, Buddy M Gratitude Group R. Sund Putting God First, Justin S Road to Recovery, Matt R Second Chances, Jeri H. Sobriety Rocks, Inez Y The Society, Mallory E, SASTO, Mena P. SNBBSS, Dave K. Sunset Group, Ken C. Sunset Group (Alt), Beth H. Alt Tempe Sunrisers, Ron S. The Way Out, Paul B. Tuesday Night Steppin' Out, Troy S Tumbleweeds, Upon Awakening Lonnie M, Jim M. WADY, Beth H. We Agnostics, Gary L. Welcome Home, Michelle O. Women in Gratitude

Committee and other Trusted Servants: (N/P = Not Present)

Service Posi- tion	Name	Service Position	Name	Service Posi- tion	Name
Chair	Ed	Office Manager	Kim	H&I Liaison	Mike
V.Chair	Chuck E.	Chair- Special E.	Deana	Spanish Liai- son	Marge
Treasurer	Lois L.	Chair- PI/CPC	N/P	Alanon Liai- son	Rosemary B.
Secretary	Andrea M.	Chair- Phones	Beth	DCM 08-818	Michelle
Advisor- Special E.	Steve W.	Chair- Unity	Tom	DCM 08-819	N/P
Advisor- PI/CPC	Mark	Chair- Sponsor- ship	N/P	DCM 08-820	N/P
Advisor- Phones	Dave K.	No Booze News	N/P		
Advisor- Unity	Eddie	Literature	N/P		

Secretary's Report: Andrea: Welcome to new reps, Please sign in and update info, New Rep packets available, see Andrea after meeting, Motion – Denis, -, 2nd - Victor

Treasurer's Report: Report in Packet Lois- report in packet, Net Income for October-\$838.12, Net Income YTD-\$2690.68, still in good shape for the year, Motion- Victor, 2nd- Dave

7th Tradition: \$57.00

Chairperson's Report: Ed- no report, will

wait until elections

Wice Chair's Report: Chuck E-report in packet, attended Area Assembly in Lake Havasu-cover budget and other state level business, motion was passed to start working on 5th edition of Big Book, it is only a formal request to start the work

Office Manager: Kim- Office activity has been picking up, received 562 request for information, 135 for meetings, 153 were office visits, lo 12 step calls were set up during office hours, website staying busy with over 50K hits, Literature has been received, two new Grapevine books are available- one for Military and on for Atheist and Agnostics.

AAWS has licensed a Meeting Finder APP called MEETING GUIDE. Go to your play store and download the app if interested.

AAWS has launched a Youtube channel at www.youtube.com/c/alcoholicsanonymousworldservicesinc

Monday, Nov 19th at 6PM is the first committee meeting for the Office Manager's convention. We need help for this large convention! Come out find out how you and your sponsees can be of service!

STANDING COMMITTEE REPORTS

PICPC: Victor- Np, Mark reported- committee presented this week at AT Stills University, need help on committee, they meet at 7PM the first Monday of the month at Gilbert Presbyterian.

Special Events: Deana – Thanksgiving Alcathon start this Wednesday at NOON thru NOON on Friday at Antioch Church!! Please make sure when you here that you remind people of NO SMOKING at the Church!! All shifts are covers, please come at anytime. Friday, Dec 7th Easy Does It will be hosting the Monthly Speaker meeting. Service Commitment is up and we need someone to take over this committee!!

Phone Committee: Beth- Completed phone training at Women in Gratitude meeting, no trouble with covering phones, but could use some extra help. Please have group members fill out a gratitude of service form, if groups need training, phone chairs happy to come and give training. Beth and Vicki term is up, Willing to stay on unless someone would like to take over phones? Anyone?silence. Great job, Beth and Vicki!

Unity Committee: Tom- Unity is going strong, job is to go out and encourage groups to participate in the EVI business Meeting, Please make sure your signing your group in because the sign in sheet is how we find meetings to visit.

Page 11

Business Meeting Minutes Continued

Sponsorship Workshop: N/P

Newsletter Editor: N/P

Literature: N/P
LIASION REPORTS

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Alanon Liaison: Rosemary-

H&I Liaison: Mike- Awareness day went well, Evi was invited to have a tent at the next H&I event, They would like to see representation at their events, literature was purchased- 820 books, interested in getting badged? February is next opportunity to get badged with Maricopa County, Elections for committees is next month

Spanish Liaison: Marge-going to meetings and not much happening,

Sub District 08-818: Michelle - Drunks Like Us is January 12th, will get out flyer next month

Sub District 08-819: Jason – Please send group GSR to visit the 819 meeting, it is 2nd Thursday every month at St Peter Lutheran in Mesa, Eat and Gret Speaker Meeting Flyer in back -free event, Spaghetti Dinner, raffle, and speaker, First Christian Church at 805 N. Country Club on Dec 1st

Sub District 08-820: Carol NP

OLD BUSINESS: none

NEW BUSINESS:

2019 Budget Vote:

26-yes, 0-opposed, 0-obstained, Budget passes

2019 Election:

Chair- Tom N. – nominate by Gary L and Steve W, Tom accepted nomination, Tom has been involved with EVI as group rep, vice Chair of Intergroup, DCM, presently is Unity Committee Chair for EVI, basically- he is highly qualified for position.

26-yes, 0-opposed, Congratulations, Tom! The new 2019 EVI CHAIR!

Treasurer- Ron S. – stood for position, Ron has been in EVI service for many years, previously held positions as Special Events chair, Chair, Rep and Alt Rep Chair,

26 - yes, 0- opposed, Congratulations, Ron! The new 2019 EVI Treasurer!

Advisor to Steering Committee for Special Events- Segrid -stood for position- would like to stay involved in EVI, served on Special Events Committee for several years in early sobriety

26- yes, 0-opposed, Congratulations, Segrid!! The new 2019 Advisor to the Steering Committee

Advisor to Steering Committee for PI/CPC- Mark stood for position,

ANNOUNCEMENTS:

Group Problems & Solutions: none

Announcements: none

Close Meeting: Motion to close- Ron S- 2nd- all!

Thank you, Andrea M.

Wigge -

Choose Gratitude Page 12

I read somewhere that attitudes are more important than facts. It sounds crazy doesn't it? But I've got news for you, it's the truth! The most important thing in my world is not what is really going on but how I feel about what is going on...I have learned that everyday life is not necessarily always a bowl of cherries and things like joy, fulfillment and happiness in general are like gold you must mine, not snowflakes falling on you from heaven.

I can speak for no one but myself but I did not naturally acquire the skills to find the happiness available to me every day and I did not learn them in school. For some people I'll bet self help books, religion, perhaps private counseling were keys to unlocking these life skills but for this alcoholic it was as simple as asking Ray to be my sponsor. At a certain point in my life I was humbled enough by my unhappiness to find the rooms of AA and my sponsor Ray W. I was prepared to listen and accept the fact that maybe, just maybe I belonged here.

Carpe Diem he would say "seize the day". "Start each day with a moment of silence, recite a gratitude list to yourself and then go out into the world and add to that list" he would tell me. I was never one for simplistic answers but I had to admit that my way of looking at and dealing with life had not been working well as of late. I decided to give myself over to Ray's simple teachings.

I started to set my alarm clock a few minutes early each day to allow myself a little quiet time for reflection and I discovered the first of many small miracles. By focusing on the positive aspects of my life no matter how routine they seemed to be (my good health, the love of my family, etc.) I was able to set a tone of joyful anticipation for each day. Some days I would be up early enough to catch a sunrise and bask in gratitude for the unparalleled show Mother Nature puts on for us each morning. Who would ever think to be grateful that the sun came up! Maybe I was changing. Maybe this was good stuff.

I was changing and in powerful ways. Sure life was still a struggle many days, my emotions would get the better of me and I would slip back into focusing on what I didn't have. My morning ritual however was my daily savior. I would call Ray every night for that first year (one of his requirements that I agreed to) and he was fond of telling me that I was almost at bedtime and only a nights' sleep away from reviewing my gratitude list so I was never really far away from "counting my blessings". This practice was changing my personality from one of negativity and ambivalence to one of positivity and enthusiasm (Oren theos' as he would remind me "with or of God"). I was also less fearful, more hopeful and realized he was leading me into a realm of "positive thinking".

The thought comes to mind that some would think this philosophy simplistic, even childish. Do I try to fool myself into thinking bad is good or failure is success? No. In the face of having to accept much about myself and the world around me that I find difficult, the gradual and persistent practice of Ray's simple philosophies have held me in good stead through many a hard circumstance and the very attitude of gratitude that he taught me to adopt demands that I share the story with whoever will listen.

Kevin ~ Reprinted from the Plain & Straight Newsletter Pinellas County Intergroup Florida

grat·i·tude:



the quality of being thankful; readiness to show appreciation for and to return kindness.



AA Grapevine Daily Quote

November 17, 2018

"Few of us will ever be famous, but we can all be great because we serve each other."

This holiday season, as my dear friend says, "Be great!"





Please send us your stories; MAIL, EMAIL OR CALL IT IN!!



I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity. Maria D. info@aamesaaz.org THANKS!